Lordstown Varsity Cross Country @ Bare Bones Meet at Trumbull Co Fair.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Name | 1st Mile | 2nd Mile | Finish | Place | Pace | Team  Rank |
| Ethan | 7:55 | (8:35)  16:30 | (10:52)  27.22 | 50/63 | 8:50 | 1 |
| Nick | DNF | DNF | DNF | DNF | N/A | 3 |
| Jake | 7:36 | (9:19)  16:55 | (12:25)  29:20 | 57/63 | 9:28 | 2 |
|  |  |  |  |  |  |  |
| Addy | DNR | DNR | DNR | DNR | N/A | 6 |
| Kerriane | DNR | DNR | DNR | DNR | N/A | 6 |
| Makayla | 7:39 | (8:19)  15:58 | (9:56)  25:37 | 13/38 | 8:16 | 1 |
| Sarah | 7:41 | (10:27)  18:08 | (15:03)  33:11 | 30/38 | 10:42 | 4 |
| Emily | 7:42 | (8:23)  16:05 | (11:13)  27:18 | 19/38 | 8:49 | 3 |
| Trista | 10:03 | (10:50)  20:53 | (14:14)  35:07 | 33/38 | 11:20 | 5 |
| Piper | 7:43 | (8:10)  15:53 | (10:16)  26:09 | 14/38 | 8:26 | 2 |

I am so happy to see you all have the opportunity to compete. Work on having the mindset that you are racing and not just finishing. You have worked hard the past couple months, trust your training and take what you have learned from this meet to make your next one better….Coach K.